

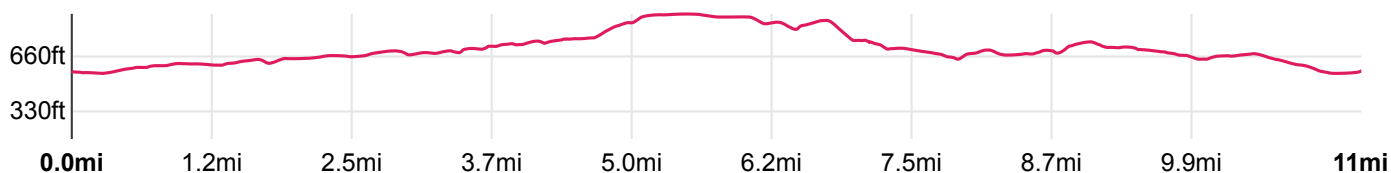
Route Information

Route Name Blythe Bridge

Route Summary

Total Distance	11.4mi (18.4km)	Walk	4h 7min
Elevation	555ft at lowest point	Run	1h 40min
	910ft at highest point	Cycle	58min
Total Ascent	869ft		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SJ 959 410	0.00mi	52° 58' 1" N	2° 3' 42" W	569ft
		Dist to next: 11.43mi , Bearing to next: 132° , Ascent to next: 869ft			
2	SJ 959 410	11.43mi	52° 58' 1" N	2° 3' 41" W	569ft