



Route Information

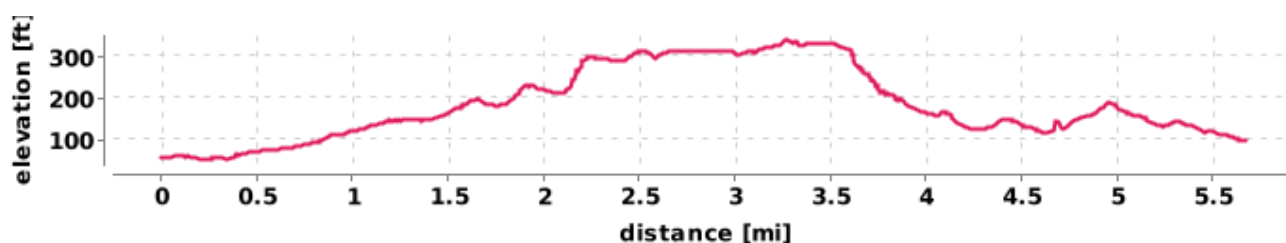
Sheringham-Cromer

Solo

Route Summary

Total Distance **5.68 mi (9.15 km)**
 Elevation **52 ft at lowest point**
340 ft at highest point
 Total Ascent **480 ft**

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	TG 158 432	0 mi	52° 56' 36" N	1° 12' 40" E	56 ft
Dist to next: 2.92 mi, Ascent to next: 258 ft					
2	TG 179 416	2.92 mi	52° 55' 39" N	1° 14' 28" E	315 ft
Lunch					
Dist to next: 0.19 mi, Ascent to next: -4 ft					
3	TG 181 414	3.11 mi	52° 55' 35" N	1° 14' 36" E	310 ft
Two Benches					
Dist to next: 2.57 mi, Ascent to next: -214 ft					
4	TG 213 420	5.68 mi	52° 55' 48" N	1° 17' 33" E	96 ft