

ASHBY-DE-LA-ZOUCH

The National Forest

ASHBY-DE-LA-ZOUCH

COLEOR

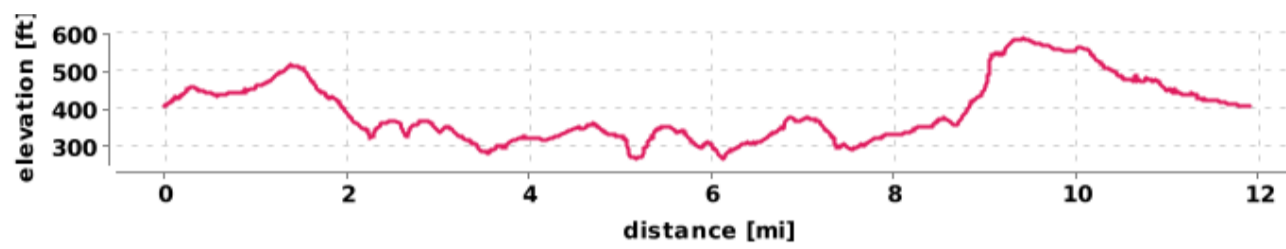
Route Information

Ashby-de-la-Zouch

Route Summary

Total Distance **11.92 mi (19.19 km)**
 Elevation **267 ft at lowest point**
588 ft at highest point
 Total Ascent **818 ft**

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SK 358 168	0 mi	52° 44' 54" N	1° 28' 15" W	409 ft
2	SK 364 223	4.67 mi	52° 47' 49" N	1° 27' 41" W	358 ft
	Coffee				
	Distance from previous: 4.67 mi , Ascent from previous: 366 ft , Descent from previous: 417 ft				
3	SK 352 217	8.36 mi	52° 47' 32" N	1° 28' 41" W	352 ft
	Lunch				
	Distance from previous: 3.68 mi , Ascent from previous: 337 ft , Descent from previous: 343 ft				
4	SK 358 168	11.92 mi	52° 44' 54" N	1° 28' 15" W	409 ft
	Distance from previous: 3.57 mi , Ascent from previous: 351 ft , Descent from previous: 293 ft				