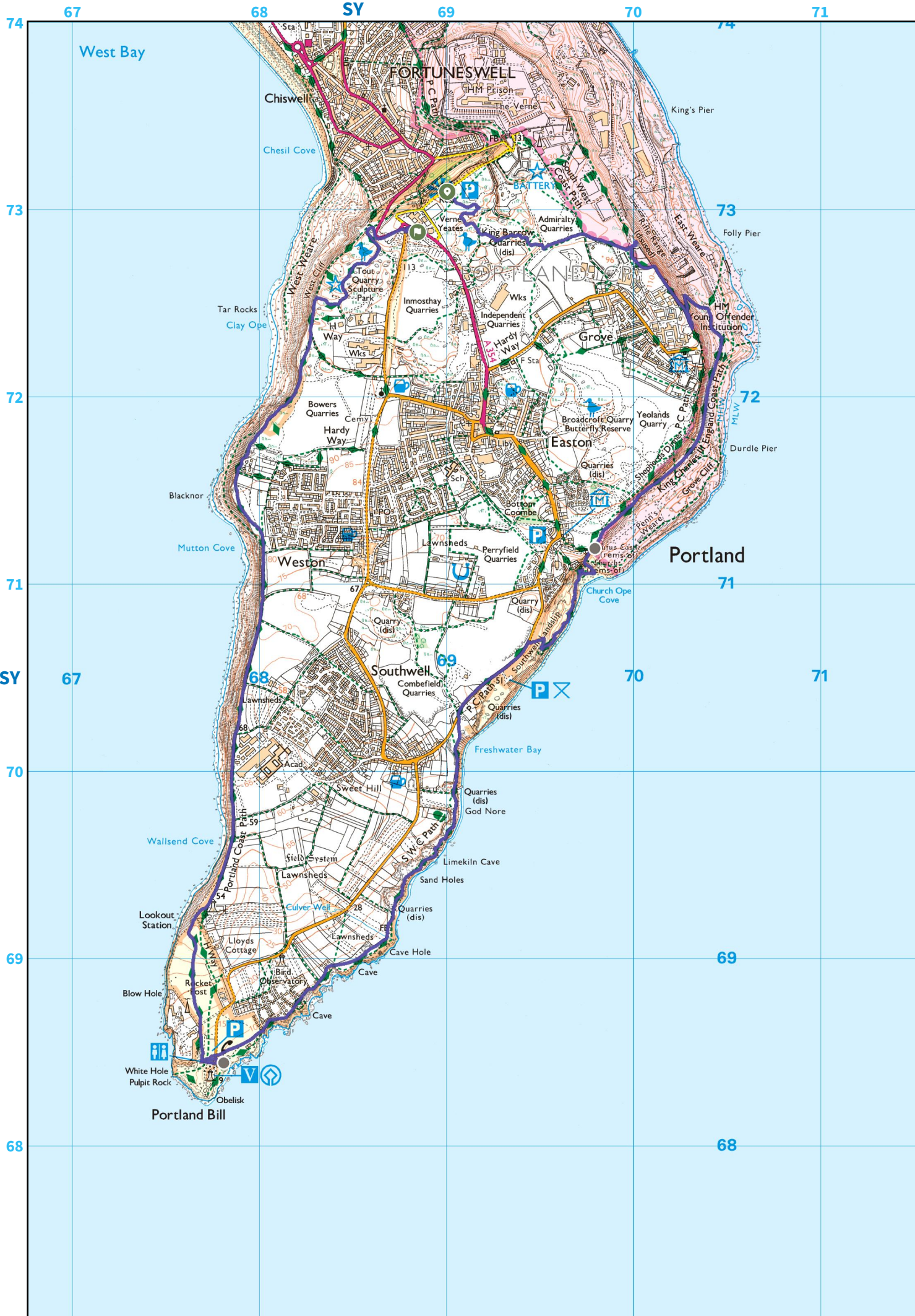




PORTLAND 2026

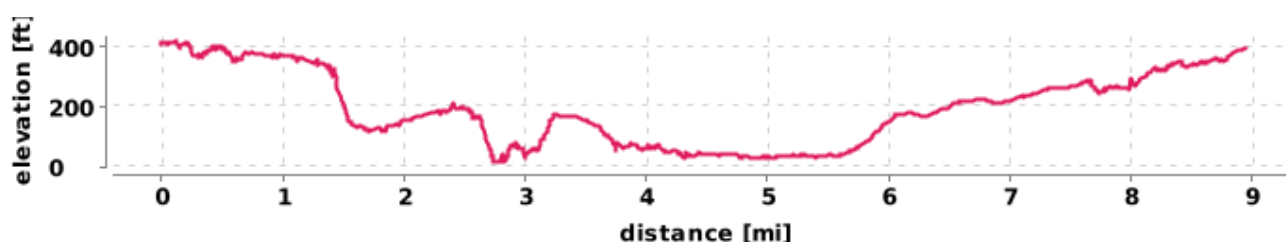
Route Information

Portland 2026

Route Summary

Total Distance	8.96 mi (14.43 km)
Elevation	16 ft at lowest point
	420 ft at highest point
Total Ascent	1075 ft

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SY 690 730	0 mi	50° 33' 24" N	2° 26' 20" W	413 ft
2	SY 697 711	2.62 mi	50° 32' 22" N	2° 25' 39" W	164 ft
Refreshments					
Distance from previous: 2.62 mi, Ascent from previous: 469 ft, Descent from previous: 717 ft					
3	SY 678 684	5.39 mi	50° 30' 53" N	2° 27' 19" W	34 ft
Lunch					
Distance from previous: 2.77 mi, Ascent from previous: 493 ft, Descent from previous: 624 ft					
4	SY 688 728	8.96 mi	50° 33' 17" N	2° 26' 28" W	396 ft
Distance from previous: 3.57 mi, Ascent from previous: 600 ft, Descent from previous: 238 ft					